

**MEAL PACK FRUITY CHEERIOS LEMON**

Item # **381995**

**Nutrition Facts**

Serving Size :  
Serving Per Container : 0

Amount Per Serving

Calories : 0      Calories from Fat : 0

	Per Serving	%Daily Value*
Total Fat	0	0%
Saturated Fat	0.0	0%
Trans Fat	0.0 g	
Cholesterol	0.0 mg	0%
Sodium	0 mg	0%
Total Carbohydrate	0 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	0%
Protein	0 g	

	Per Srv	Per Srv
Vitamin A	0%	Vitamin C 0%
Calcium	0%	Iron 0%

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram

Fat 9	Carbohydrate 4	Protein 4
-------	----------------	-----------

**School Equivalents**

Serving Size	1 KIT
Meat/Meat Alternatives	
Fruit/Vegetables	1/2C
Grain/Bread	2.000
Milk	
Child Nutrition*	PFS

\*Key: USDA=Item has USDA CN label

BG=Item is in the USDA Buyers Guide for Child Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

**Product Specifications:**

MFG Product	UPC	Units/Case	UnitSize/Measure	Serving/Case
3191	10016000319162	2.0	32CT	0

Brand	Class	PBH
FUEL4U	GROCERY DRY	ENTREES/SIDEDISHES DRY

Gross Wt	Net Wt	Origin	Kosher	Child Nutrition
30.0	29.0			Y

**Shipping Information:**

LenXWidthXHt	TIHi	ShelfLife	TempZone	Wt Flag
21.75X19.0X10.5	406	90	DRY	N

**Allergens:**

Contains      May contain  
Soy, Wheat

**Handling Suggestions:**

DRY STORAGE.

**Benefits:**

YOU CAN BE CONFIDENT YOU ARE SERVING YOUR STUDENTS A HEALTHY BREAKFAST AT A COST-EFFECTIVE PRICE. ALL CEREAL CHOICES ARE WHOLE GRAIN AND NAME BRAND. THERE'S ANOTHER REASON TO FEEL GOOD ABOUT FUEL4U: EACH TIME YOU ORDER THE BREAKFASTS, YOU ARE PROVIDING JOBS FOR PEOPLE WITH DISABILITIES WHO ASSEMBLE THE MEALS. THIS KIT CONTAINS: 1OZ BOWL FRUITY CHEERIOS, 1OZ MJM LEMON DINOSAUR GRAHAMS AND ARDMORE FARMS 100% APPLE JUICE 4.23FL OZ BOX. KITS ARE SHELF STABLE. FUEL4U IS A REIMBURSABLE MEAL WHEN SERVED WITH MILK.

**Additional Information:**

WHOLE GRAIN RICH, COMPETITIVE FOOD ENTREE

**Ingredients:**

FRUITY CHEERIOS: WHOLE GRAIN CORN, SUGAR, WHOLE GRAIN OATS, CORN SYRUP, PEAR PUREE CONCENTRATE, RICE BRAN AND/OR CANOLA OIL, SALT, CORN BRAN, TRISODIUM PHOSPHATE, SODIUM CITRATE, NATURAL FLAVOR, COLOR (RED 40, YELLOW 6, BLUE 1 AND OTHER COLOR ADDED), CORN STARCH, VITAMIN E (MIXED TOCOPHEROLS), BHT, AND ASCORBIC ACID ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN C (SODIUM ASCORBATE), ZINC AND IRON(MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRODOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3. LEMON DINOSAUR GRAHAMS: WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, NATURAL LEMON FLAVOR, SALT, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, CITRIC ACID, NATURAL VANILLA FLAVOR, ADDED VITAMINS AND IRON (ASCORBIC ACID, VITAMIN A PALMITATE, NIACINAMIDE, IRON/ELECTROLYTIC, RIBOFLAVIN, THIAMIN MONONITRATE, AND MALTODEXTRIN CARRIER). APPLE JUICE: FILTERED WATER, APPLE JUICE CONCENTRATE, CALCIUM LACTATE, ASCORBIC ACID (VITAMIN C), NATURAL FLAVOR, MALIC ACID.



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCEnet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCEnet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCEnet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.