

**MUFFIN BLUBRY WHL GRAIN IW**

MUFFIN WHOLE GRAIN WILD BLUEBERRY 72/2 OZ INDIVIDUALLY WRAPPED  
BULK PK

Item # **404387**

**Nutrition Facts**

Serving Size :	1EA(2Z,57G)		
Serving Per Container :	72		
<b>Amount Per Serving</b>			
Calories :	190	Calories from Fat :	50
	Per Serving	%Daily Value*	
Total Fat	6	9 %	
Saturated Fat	2	10 %	
Trans Fat	0 g		
Cholesterol	45 mg	10 %	
Sodium	130 mg	5 %	
Total Carbohydrate	30 g	10 %	
Dietary Fiber	2 g	10 %	
Sugars	16 g	0 %	
Protein	3 g		
	Per Srv	Per Srv	
Vitamin A	2 %	Vitamin C	0 %
Calcium	2 %	Iron	6 %

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
<b>Calories per gram</b>			
Fat 9	Carbohydrate 4	Protein 4	

**School Equivalents**

Serving Size	1EA(2Z,57G)
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	1.000
Milk	
Child Nutrition*	PFS

\*Key: USDA=Item has USDA CN label

BG=Item is in the USDA Buyers Guide for Child Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

**Product Specifications:**

MFG Product	UPC	Units/Case	UnitSize/Measure	Serving/Case
10143	10013087101437	72.0	2OZ	72

Brand	Class	PBH
DELICIOUS ESSENTIALS FROZEN FOOD PROCESS		BAKERY FROZEN

Gross Wt	Net Wt	Origin	Kosher	Child Nutrition
10.75	9.0		Y	Y

**Shipping Information:**

LenXWidthXHt	TiHi	ShellLife	TempZone	Wt Flag
16.12X10.62X8.12	1009	365	FROZEN	N

**Allergens:**

Contains	May contain
Eggs, Soy, Wheat	

**Handling Suggestions:**

STORE AT 0Â° F OR COLDER UNTIL READY TO THAW AND SERVE

**Benefits:**

THESE MUFFINS ARE THAW AND SERVE FOR ADDED CONVENIENCE.Â THE OPTION TO THAW THESE IW MUFFINS ON AN AS-NEEDED BASIS HELPS CONTROL SHRINK.Â THE MUFFINS ARE NUTRITIONALLY FORTIFIED AND OFFER ZERO TRANS FATS.Â THEY ARE ALSO REDUCED FAT, AND OFFER 1 AND 2 CREDITABLE GRAIN OUNCE EQUIVALENTS FOR THE 2OZ AND 4OZ MUFFIN RESPECTIVELY WHICH ALLOWS FOR EASE OF MEAL PLANNING.Â

**Additional Information:**

WHOLE GRAIN RICH, PEANUT FREE INGREDIENTS

**Ingredients:**

WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, OAT FIBER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, PROPYLENE GLYCOL MONOSTEARATE, SALT, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, BLUEBERRY JUICE CONCENTRATE, BLACKBERRY JUICE CONCENTRATE, MALIC ACID, ENZYMES.



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCENet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCENet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCENet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.