

PANCAKE MINI BLUBRY FZ



Item # **369633**

Nutrition Facts			
Serving Size :	1PCH(3.03Z,86G)		
Serving Per Container :	72		
Amount Per Serving			
Calories :	210.0	Calories from Fat : 60	
	Per Serving	%Daily Value*	
Total Fat	6.0	9 %	
Saturated Fat	1.0	5 %	
Trans Fat	0.0 g		
Cholesterol	10.0 mg	3 %	
Sodium	310.0 mg	13 %	
Total Carbohydrate	35.0 g	12 %	
Dietary Fiber	4.0 g	14 %	
Sugars	11.0 g	0 %	
Protein	4.0 g		
	Per Srv	Per Srv	
Vitamin A	10 %	Vitamin C	0 %
Calcium	6 %	Iron	15 %
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	Carbohydrate 4	Protein 4	

School Equivalents	
Serving Size	1PCH(3.03Z,86G)
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	2.000
Milk	
Child Nutrition*	PFS
*Key: USDA=Item has USDA CN label	
BG=Item is in the USDA Buyers Guide for Child Nutrition Program	
PFS=Manufacturer has provided a Product Formulation Statement	

Product Specifications:

MFG Product	UPC	Units/Case	UnitSize/Measure	Serving/Case
3800092560	00038000925603	72.0	3.03 OZ	72

Brand	Class	PBH
EGGO	FROZEN FOOD PROCESS	ENTREES/SIDEDISHES FROZEN

Gross Wt	Net Wt	Origin	Kosher	Child Nutrition
16.74	13.63		Y	Y

Shipping Information:

LenXWidthXHt	TiHi	ShellLife	TempZone	Wt Flag
19.32X11.82X11.13	807	365	FROZEN	N

Allergens:

Contains	May contain
Milk, Eggs, Soy, Wheat	

Handling Suggestions:

72 INDIVIDUALLY WRAPPED, OVENABLE PACKAGES WITH 8 PANCAKES PER PACKAGE. KEEP FROZEN. APPROXIMATE FROZEN SHELF LIFE, 12 MONTHS.

Benefits:

EGGO MINI WHOLE GRAIN BLUEBERRY PANCAKES ARE WHOLE WHEAT FLOUR MINI PANCAKES WITH REAL BLUEBERRIES IN INDIVIDUALLY WRAPPED, OVENABLE PACKAGING. EACH PACKAGE CONTAINS 8 MINI PANCAKES. WHOLE GRAIN IS THE FIRST INGREDIENT. ONE SERVING PROVIDES 8 ESSENTIAL VITAMINS AND MINERALS AND IS A GOOD SOURCE OF CALCIUM AND 32 GRAMS OF WHOLE GRAIN. DOES NOT CONTAIN HIGH FRUCTOSE CORN SYRUP. BUY AMERICAN COMPLIANT.

Additional Information:

WHOLE GRAIN RICH, PEANUT FREE INGREDIENTS

Ingredients:

WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, PALM KERNEL, AND/OR CANOLA OIL), BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, SALT, RICE FLOUR, CORN CEREAL, NATURAL AND ARTIFICIAL FLAVORS, YELLOW CORN FLOUR, CORNSTARCH, SOY LECITHIN, CORN SYRUP SOLIDS, BLUE 2, RED 40. VITAMINS AND MINERALS: VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B12, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE, VITAMIN B2(RIBOFLAVIN).



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCENet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCENet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCENet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.