



RF Doritos® Cool Ranch Tortilla Chips – 1 oz. (28 g.)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	130
Calories from Fat	45
	%Daily Value*
Total Fat 5.0g	8%
Saturated Fat 1.0g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	7%
Sugars 1g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	2%
Vitamin E	2%
Niacin	2%
Vitamin B6	6%
Phosphorus	8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Buttermilk, Salt, Corn Dextrin, Tomato Powder, Corn Starch, Whey, Corn Syrup Solids, Onion Powder, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Skim Milk, Sugar, Dextrose, Malic Acid, Sodium Acetate, Artificial Color (Including Red 40, Blue 1, Yellow 5), Sodium Caseinate, Disodium Phosphate, Spice, Natural and Artificial Flavors, Disodium Inosinate, and Disodium Guanylate.

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-36096-8
Bag UPC	0-28400-05297-9
Case Pack	72/1 oz. bags
Kosher Status	No
USDA Smart Snack Compliant	Yes –whole grains first ingredient
Product carries FDA approved Whole grain health claim*	Yes
Grain – oz. eq.	1.5 oz. eq.
Weight of Grain	26.1 g
Document Updated	1/15

* Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol may help reduce the risk of heart disease.

I verify the information above is accurate as of 1/2/15.

Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science

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Plano, TX 75024-4099



All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.



Smart Snacks Product Calculator Results

Brand:
RF Doritos(r)

Product Name:
**Cool Ranch flavored Tortilla
Chips**

Serving Size:
28.35 g

First Ingredient:
Whole Corn

• Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 1 oz (about 28.35 g) ⓘ

Amount Per Serving

Calories 130

Calories from Fat 45

Total Fat (g) 5

Saturated Fat (g) 1

Trans Fat (g) 0

Sodium (mg) 160

Carbohydrates

Sugars (g) 1

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

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