

2018

February

Basic Nutrition Information

Rockton School District #140 - Hot Lunch - RGS | WPES | SMMS

Detailed Allergy & Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Bosco Stick Chicken Rice Soup Crackers Tossed Salad Fruit Cup	Sam's Pizza Cucumber Slices Ranch Dressing Applesauce
5	6	7	8	9
Beefy Nachos Refried Beans Corn Pears	Chicken Patty on a Bun Fries Peas Peaches	Orange Chicken Rice Broccoli Pineapple Fortune Cookie	French Toast Sticks Sausage Patty Hashbrown Patty Applesauce Fruitables	Sam's Pizza Baby Carrots Ranch Dressing Fruit Cup
12	13	14	15	16
Pork Roast Mashed Potato w/gravy Dinner Roll Green Beans Cinnamon Applesauce	Spaghetti with Meatballs Garlic Bread Broccoli Fruit Cup	Hot Dog on a Bun Baked Beans Carrots Sticks Pears Ketchup/Mustard	Chicken Soft Taco Salsa Corn Nacho Cheese Doritos Pineapple	Sam's Pizza Tossed Salad Ranch Dressing Peaches
19	20	21	22	23
Beef Hard Shell Taco Refried Beans Corn Pineapple	Little Smokies Soft Pretzel Nacho Cheese Broccoli Sidekick	Chicken Nuggets Fries Green Beans Peaches	Croissant Breakfast Sandwich Hashbrown Patty Strawberries Fruitables	No School
26	27	28		
Hamburger on a Bun Fries Carrots Pineapple	Popcorn Chicken Mashed Potato w/gravy Corn Dinner Roll Pears	Corn Dog Baked Beans Cool Ranch Doritos Peaches Ketchup		

MENU ITEMS SUBJECT TO CHANGE

Milk provided with every meal.