

2018

May

Basic Nutrition Information

Rockton School District #140 - Hot Lunch - RGS | WPES | SMMS

Detailed Allergy & Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Popcorn Chicken Mashed Potato w/gravy Corn Dinner Roll Pears	Grilled Cheese Tomato Soup Crackers Tossed Salad Fruit Cup	Corn Dog Baked Beans Cool Ranch Doritos Peaches Ketchup	Sam's Pizza Cucumber Slices Ranch Dressing Applesauce
7	8	9	10	11
Beefy Nachos Refried Beans Corn Pears	Chicken Patty on a Bun Fries Peas Peaches	Orange Chicken Rice Broccoli Pineapple Fortune Cookie	French Toast Sticks Sausage Patty Hashbrown Patty Applesauce Fruitables	Sam's Pizza Baby Carrots Ranch Dressing Fruit Cup
14	15	16	17	18
Chicken Nuggets Fries Carrots Applesauce	Mostaccioli with Meatballs Garlic Bread Broccoli Fruit Cup	Hot Dog on a Bun Baked Beans Pears Ketchup/Mustard	Chicken Taco Corn Nacho Cheese Doritos Pineapple	Sam's Pizza Tossed Salad Ranch Dressing Peaches
21	22	23	24	25
Cook's Choice	Cook's Choice	Cook's Choice	Sam's Pizza Baby Carrots Ranch Dressing Fruit Cup	<b>May 24th is the Last Day of School</b>
28	29	30		

MENU ITEMS SUBJECT TO CHANGE

Milk provided with every meal.