



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

RUN, JUMP CLIMB AND CRAWL

Family Adventure Training

Wednesdays 5:30—6:30 PM

Session 1: May 24-June 28

Session 2: July 12-August 16

Is your family interested in obstacle course races or mud runs such as: Beloit Dirty Dash, Tough Mudders, Spartans, or Warrior Dash? This class has been designed for your family to prepare for these runs and to stay fit and have fun together!

Open to anyone ages 4 and up (4-15 year olds must be accompanied by an adult). This class will focus on speed, strength, agility and fun!

Members: \$60/session

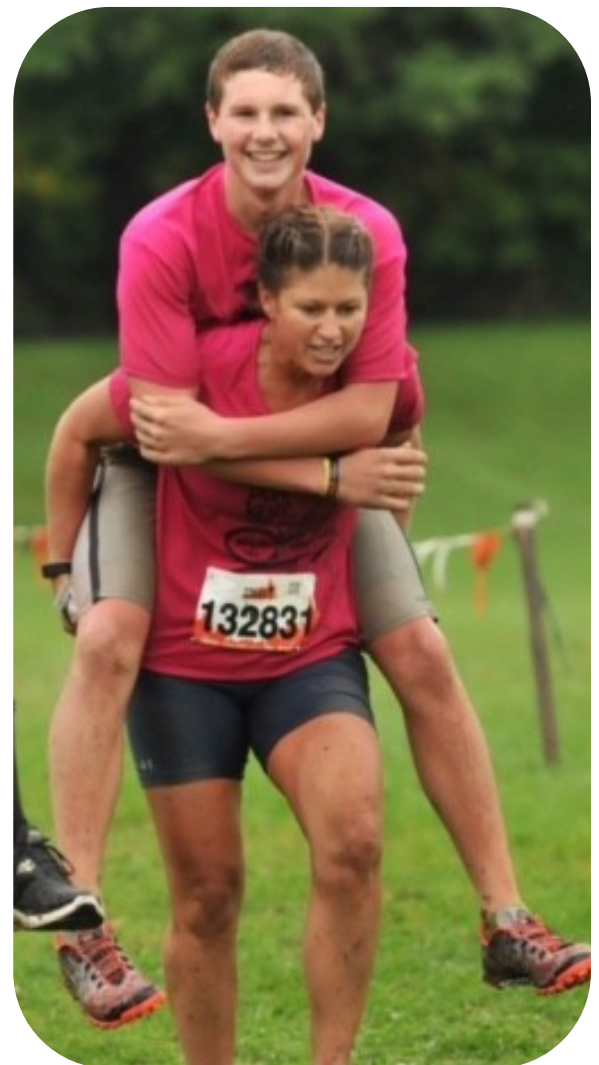
(up to 2 family members)

Each additional member: \$20

Community: \$90/session

(up to 2 family members)

Each additional member: \$30



\$5 discount on Beloit Dirty Dash by registering! Or show us your Beloit Dirty Dash receipt and you will receive \$5 off your session!