



Whitman Post Elementary School

Why do we do Jump Rope for Heart?

Your student will learn heart healthy habits to keep their own heart healthy & if you choose, you can raise donations to help save lives. Let's help our kids learn community awareness!

**Every \$50 we raise helps
SAVE 1 LIFE!**

How many lives could your family help us save this year?

Last time our schools helped to save **268 lives**. Please help us reach our goal this year. We would like to save 340 lives.

Will you join us?

QUESTIONS: Contact Mr. Donaldson at school.

ONLINE DONATIONS:

Step 1:

Go to www2.heart.org/goto/WhitmanPost

Step 2:

Join your school's team and....
Set up your own Web Page!!!

Online donations count towards
Thank You Gifts!

SCARE SQUAD MEMBER

REGISTER & GET A GLOW-IN-THE-DARK WRISTBAND!!!

For online support Mon.-Fri. from 7am-5pm, please call our Customer Care Team at 1-855-229-4424.



JAX



CHARGER



FINSTER



ROCKY



DISCO



PETUNIA



BLASTER



IMPORTANT DATES TO REMEMBER



*Jump Rope for Heart: MARCH 6th – 23rd

*Donations due by: MARCH 23rd

Please make all checks payable to:
American Heart Association
As a 501C status non-profit, all donations are tax deductible.



**UNLOCK ME USING
JUMP/HOOPS Mobile APP**